



Sporty Crochet Poncho

Reading companion • Complete pattern follows

Choose a supported size

Bust groups: 32–38 / 40–46 / 48–54 inches. Cowl circumference: 24 / 26 / 28 inches; cowl depth about 10 inches. Side length is 20 / 22 / 22 inches excluding the cowl, and the front point extends about 10 inches lower.

Two gauge checks

Use a 5.5 mm hook as the starting point. Body: four 3-dc groups and eight rows per 4 inches. Cowl: 12 hdc and eight rows per 4 inches. Shopping allowance is 6 / 6 / 7 skeins of the listed Team Spirit, not measured consumption for substitutes.

Construction path

Make the cowl in back-loop hdc with 30 stitches and 48 / 52 / 56 rows; join its ends into a ring. Work 48 / 52 / 56 sc around its lower edge to start the body. Alternate the body rounds, keeping the two point spaces aligned. Finish at round 40 / 44 / 44, then add the fringe.

Counts and fringe

The final body has 124 / 136 / 140 three-dc groups, consistent with the stated repeat schedule. Each fringe uses four 10-inch strands folded in half. Space them as directed, secure each attachment and trim evenly. No measured fringe consumption was recorded for this package.

Fit and care

Check that the cowl opening passes comfortably over the head before making the body. Follow the actual yarn care label; support the garment while wet. Examine fringe attachments and woven ends after washing.

PetsCrochet reading companion • Version 1.0 • October 1, 2026. Every complete supplied pattern page follows, including photos, charts and finishing. No physical crochet sample or wash test was made for this package. New interpretations are prototype-ready drafts, not designer-approved or physically tested errata.




CROCHET
SKILL LEVEL
EASY

Designed by Salena Baca



What you will need:

RED HEART® Team Spirit™: 6 (6, 7) skeins 980 Navy/Gold

Susan Bates® Crochet Hook:
5.5mm [US I-9]

Yarn needle

GAUGE: Four 3-dc groups = 4" (10 cm); 8 rows = 4" (10 cm) in poncho body pattern. 12 sts = 4" (10 cm); 8 rows = 4" (10 cm) in half double crochet (hdc). **CHECK YOUR GAUGE. Use any size hook to obtain the gauge.**



RED HEART® Team Spirit™, Art. E797
available in 5 oz (141 g)
244 yd (223 m) skeins

SHOP KIT

Sporty Crochet Poncho

You'll love having this cozy cowl-neck poncho for sporting events and to show which team you support wherever you go. Crocheted in self-striping Team Spirit yarn you can choose from all the most popular team colors.

Directions are for size Small/Medium. Changes for sizes Large/X-Large and XX-Large/XXX-Large are in parentheses.

To Fit Bust: 32-38 (40-46, 48-54)" [81.5-96.5 (101.5-117, 122-137) cm]

Finished Cowl Circumference: 24 (26, 28)" [61 (66, 71) cm]

Finished Lower Edge Circumference: 124 (136, 140)" [315 (345.5, 355.5) cm]

Finished Side Length: 20 (22, 22)" [51 (56, 56) cm], not including cowl. Note: Front point will hang about 10" (25.5 cm) lower than side edges.

Notes

1. Poncho is worked in one piece, in two sections: Cowl and body.
2. Cowl is worked first, back and forth in rows. Body of poncho is worked in joined rounds, beginning across one long edge of cowl.

PONCHO

Cowl

Ch 31.

Row 1: Hdc in 2nd ch from hook (skipped ch does not count as a st) and each ch across—30 hdc.

Rows 2–48 (52, 56): Ch 1 (does not count as a st), turn, working in back loops only, hdc in each st across.

Joining Row: Ch 1, turn, fold piece in half matching sts of first and last row; working through both thicknesses, slip st in each st across to join piece into a circle.

Body

Round 1: Ch 1, working in ends of rows of long edge of cowl, sc in end of first row, *ch 2, sc in end of next row; repeat from * across, ch 2; join with slip st in first sc—48 (52, 56) sc and 48 (52, 56) ch-2 spaces.

Round 2: Slip st in first ch-2 space, ch 3 (counts as dc), 2 dc in same ch-2 space, 3 dc in each of next 23 (25, 27) ch-2 spaces, ch 3 (for front point), 3 dc in each of the next 24 (26, 28) ch-2 spaces, ch 3 (for back point); join with slip st in top of beginning ch-3—48 (52, 56) 3-dc groups and 2 ch-3 spaces.

Round 3: Slip st in next 2 dc, (slip st, ch 1, sc) in next space between 3-dc groups, [*ch 2, sc in next space between 3-dc groups; repeat from * to next ch-3 space, ch 2, (sc, ch 3, sc) in ch-3 space] twice, ch 2; join with slip st in first sc—50 (54, 58) sc, 48 (52, 56) ch-2 spaces, 2 ch-3 spaces.

Round 4: Slip st in first ch-2 space, ch 3 (counts as dc), 2 dc in same ch-2 space, [3 dc in each ch-2 space to next ch-3 space, (3 dc, ch 3, 3 dc) in ch-3 space] twice, 3 dc in each remaining ch-2 space around; join with slip st in top of beginning ch-3—52 (56, 60) 3-dc groups and 2 ch-3 spaces.

Round 5: Slip st in next 2 dc, (slip st, ch 1, sc) in next space between 3-dc groups, [*ch 2, sc in next space between 3-dc groups; repeat from * to next ch-3 space, ch 2, (sc, ch 3, sc) in ch-3 space] twice, **ch 2, sc in next space between 3-dc groups; repeat from ** around, ch 2; join with slip st in first sc—54 (58, 62) sc, 52 (56, 60) ch-2 spaces, 2 ch-3 spaces.

Continued...



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Rounds 6–39 (43, 43): Repeat last 2 rounds 17 (19, 19) more times—122 (134, 138) sc, 120 (132, 136) ch-2 spaces and 2 ch-3 spaces in Round 39 (43, 43).

Round 40 (44, 44): Repeat Round 4—124 (136, 140) 3-dc groups and 2 ch-3 spaces. Fasten off.

FINISHING

Fringe (optional)

Cut 4 strands, each 10" (25.5 cm) long. Fold strands in half to form a loop. Insert crochet hook from wrong side through front ch-3 space. Place fold on hook and draw fold through, forming a loop. Thread ends of strands through loop and pull to tighten. Repeat to attach fringe to back ch-3 space and to every other space between 3-dc groups all the way around. Trim ends evenly. Weave in ends.

ABBREVIATIONS

ch = chain; **dc** = double crochet; **hdc** = half double crochet; **sc** = single crochet; **st(s)** = stitch(es); **()** = work directions in parentheses into same st; **[]** = work directions in brackets the number of times specified; *** or **** = repeat whatever follows the * or ** as indicated.

